

**DONATE FOOD AND FUNDS TO
HELP NOURISH OUR NEIGHBORS
IN NW MISSOURI AND NE KANSAS!**



FOOD FIGHT PARTICIPANT



SEPTEMBER 1ST - 30TH

WWW.SHCFB.ORG



 [Facebook.com/sec.harv](https://www.facebook.com/sec.harv)  [@secondharvestcfb](https://www.instagram.com/@secondharvestcfb)



FOOD FIGHT

FOOD DONATION SUGGESTIONS

CANNED PROTEINS

TUNA, SALMON, CHICKEN, BEANS, BEEF

PASTA & RICE

BROWN/WHITE RICE, MACARONI & CHEESE, PASTA, PASTA SAUCE, BOXED PASTA/RICE MEALS

CANNED FRUIT AND VEGETABLES

ALL VARIETIES

BREAKFAST

CEREAL, OATMEAL, GRANOLA OR CEREAL BARS, POP-TARTS, PANCAKE OR WAFFLE MIX

LUNCH OR SNACK

PEANUT BUTTER (CHUNKY OR SMOOTH), JELLY OR JAM, CANNED SOUPS OR STEWS



POUND OUT HUNGER!

Or make a
monetary donation
for your business
here!





FOOD FIGHT



HOW YOU CAN HELP FIGHT HUNGER

September 1-30



Visit www.shcfb.org/corporate-food-fight



Text "foodfight" to 50155



Scan the QR Code here

For every \$1 donated, Second Harvest can provide up to 3 meals to neighbors in need.



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Dear Team,

I want to invite you to join me in participating in Food Fight 2024. The Corporate Food Fight is Second Harvest Community Food Bank's signature food and fund drive aimed at Fighting Hunger in Northwest Missouri and Northeast Kansas. This is a fun way for us to get involved in the Fight against Hunger!

Our goal as a team is simple, to donate the most funds and food in support of hungry families, while competing against businesses about our same size. The Food Fight runs September 1st – September 30th.

We've placed boxes to collect nonperishable food items [HERE IN YOUR BUSINESS].

Additionally, you can use this link to make a monetary donation in the Food Fight:

<https://www.shcfb.org/corporate-food-fight>. Use the "Make a Donation for Your Team" section. Be sure you answer the question on the giving form "*What team (business) are you fighting for?*" and we'll get credit for your gift! You can also text "foodfight" to 50155 to make a contribution. Monetary gifts are a GREAT way to support hungry families as Second Harvest's purchase power means they can provide **3 meals with every dollar given!**

At the end of September Second Harvest will count our monetary donations and weigh food donations. Monetary gifts are converted into pounds and will be figured into our company's total (**\$1 = 2 lbs.**)!

I hope you will join me in supporting hungry families by participating in Food Fight 2024. Let's be generous as a team and do our best to bring hope and nourishment to kids, families, and senior adults in our community!