

FOOD DRIVE for Second Harvest

MOST NEEDED ITEMS

- Canned proteins (tuna, chicken, beans & beef)
- Fruits and juices (fruit cups, juice, applesauce)
- PB&J (chunky or smooth, any flavor jelly)
- Soups and stews (beef, chicken noodle, veggie)
- Breakfast (cereal, oatmeal, granola, cereal bars)
- Pasta (mac n cheese, pasta noodle, pasta sauce)
- Rice (brown and white)

For more information contact:

Second Harvest Community Food Bank 915 Douglas Street, St. Joseph, MO 64505 816.364.3663 info@shcfb.org



FUND DRIVE for Second Harvest

HOW CAN YOU FIGHT HUNGER?

- Visit www.shcfb.org/donate-money
- Text SHCFB to 50155
- Mail a donation
 - 915 Douglas Street, St. Joseph, MO 64505
- Scan the QR code here



For every \$1 donated, Second Harvest can provide up to 3 meals to neighbors in need!





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